

# Add your voice

All over the country, we're building a movement of young people to demand our right to a healthy mind and a brighter future.

**Will you join us?** You can start by adding your name to our petition calling on the people in power to take the **#MyRightsMyMind** pledge - promising to build a mental health system that meets our human rights. Google **#MyRightsMyMind** or sign via the link:

**[bit.ly/myrightspetition](https://bit.ly/myrightspetition)**

When you sign, you'll have the option to sign up to our email list, where we'll keep you up to date with opportunities to get involved nationally.

If you'd like to start building a team to get the campaign started in your local area, email us at [morr@youthaccess.org.uk](mailto:morr@youthaccess.org.uk).

MAKE  
OUR  
RIGHTS  
REALITY

**Our Minds Our Future**

**[makeourrightsreality.org.uk](https://makeourrightsreality.org.uk)**

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**Join the movement demanding our rights**

The mental health 'crisis' is hitting young people hardest.

Too often we're left on long waiting lists, told we're not 'sick enough' for help, or abandoned when we're too old for children's services.

**The mental health system isn't just failing to meet our needs – it's failing to meet our human rights.**

So we're building a movement to stand up for what we're entitled to.

**It's Our Minds Our Future  
- let's demand our rights**

 **Make Our Rights Reality**

 **@MORR\_Rights**

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